

## Travel Emergency Pack & Checklist

**Make sure your travelling companion is aware of where this pack is, or take two packs one in each of your suitcases. If travelling alone, leave a copy with UK contact**

Documents & Information to take with You	✓		
Private Travel Ins Policy (printed hard copy)		Tel No.	<i>complete with Ins. emergency tel no from abroad</i>
E111 Card (must be in date)			
Credit Card (with good spendable limit)			
Photocard driving licence			
Written list of any medical conditions, allergies & medications you take <i>(check your destination's policy on travelling with medication, you may need supporting documentation)</i>			
Medication to last you 1 more week than your trip			
National Ins. number		No.	<i>fill in</i>
Mobile phone, with ability to use abroad		Your No.	<i>fill in</i>
Language Phrase book, from English to the country's language			
Printed itinerary and flight details			
Passport No.		No.	<i>fill in</i>

### Tips & Notes

When dialling the UK from abroad first use the international code of the country you are in, followed by the UK Country Code which is 44 (then leave the 0 of area code or mobile number)

Visiting Country's International Dialling Code if EU Country	00
Visiting Country's Int. Dialling Code in non EU Country	<i>fill in</i>
British Consulate Assistance Team to call from abroad	<i>Int. code fill in</i> 44 2070081500
State Emergency Service No. in any EU country is	112

### Holiday details

	Name	Tel No
<b>UK Contact to be called in an Emergency</b>	<i>fill in</i>	<i>fill in</i>
<b>Holiday Accommodation details</b>	<i>Fill in</i>	<i>Fill in</i>
<b>Dates of Flights and company</b>	<i>Fill in</i>	<i>Fill in</i>

**In an emergency when you can, charge your mobile phone!**