



Carers of Patients with learning disabilities

We have a register of patients who have learning disabilities. This list is agreed with the Community Learning Disabilities Team, although we do have some patients on the register who are not currently under the support of this service but who we feel should be on the register and get the additional support from us.

Health Checks

If the person you care for is included on the register they are currently entitled to an annual Health Check on the NHS. Two of our Nurses – Carole and Audrey – do these checks here at the practice with the patient's GP helping them. We will write to the person you care for when their check is due, but if he or she has not yet had theirs this year and would like one, please ask for Nurse Carole or Audrey and they will book an appointment.

At the health check, the Nurse will ask some questions about how the person you care for is feeling, and will do a few simple tests like weight, blood pressure and take a pin prick of blood. The check takes about 30 minutes. The Nurse will chat to the person you care for about what they and you can do to keep healthy.



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If the person you care for needs to see a Doctor or Nurse – this is how to book an appointment

- We may make a note on the person's records if they need any help when booking an appointment or coming in for an appointment.
- We also like to record the name and telephone number of you as their carer.
- We know that they may need you to come with them to appointments and so we will book appointments that you can both come to.
- We may also book a longer appointment there is plenty of time.

If the person you care for needs to see a Doctor or Nurse – coming for the appointment

- We try to make sure that everyone finds it easy to find their way around our building. We have signs up and a quiet waiting area if preferred (please ask at reception).
- When you both come for the appointment the nurse or doctor will usually come to meet you in the waiting room.
- At the appointment the Doctor or Nurse will usually speak to the person you care for but may also speak to you too.
- The Doctor or Nurse will make sure the patient is happy before they do any tests.
- If the appointment is not with the patient's own Doctor, the Doctor or Nurse you see may talk to the patient's own doctor to tell them.
- The doctor or nurse may want to share information about the person you are supporting with other health and social professionals. They will discuss this at the appointment.

Other Support

Our link to the Community Learning Disability Team for is Craig Boothroyd on 01823 257908 or 07738 898806.

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