

Who we are

Since 1985, YOU provides people with the help they need to realise their dreams of independence, security, stability, happiness and freedom.

We help people in our communities who need care, support and advice due to poverty, homelessness, disability, age, ill health or abuse, to have the life they want.

The YOU Trust is registered in England no 1898188 and is a registered charity no 291489.

The YOU logo is a registered trade mark.



Registered Address:

South Wing, Admiral House, 43 High Street, Fareham, Hants PO16 7BQ,

www.theyoutrust.org.uk

Important contact details

For enquiries, contact:

Other resources:

Somerset and Avon Rape & Sexual Abuse Support	0808 801 0456
The National DV Helpline	0808 2000 247
Rape Crisis Helpline	0808 802 9999
Respect Perpetrators	0808 802 4040
Respect Men's Advice	0808 801 0327
Galop LGBT Domestic Helpline	0800 9995428

In an emergency,
phone



Children and Young People's Domestic Abuse Advocate

Information for Professionals



SOMERSET
County Council

Domestic abuse is more common than people think. One in four women, and one in six men will experience it at some point in their lives. It can happen to anyone, in all types of relationships, regardless of race, ethnicity, religious group, class, disability, sexuality, lifestyle, nationality or age. It is rarely a one-off occurrence, but usually a pattern of abusive and controlling behaviour.

The abuse can encompass, but is not limited to:

- **Psychological**
- **Economical**
- **Emotional**
- **Physical**
- **Sexual**
- **Coercion and Control**

The effects of domestic abuse on children can be severe and long-lasting. Some children may become withdrawn, while others may become aggressive and display challenging behaviour. Children may blame themselves for the abuse and some may cope better than others. We believe that all children living in a household with domestic abuse will be adversely affected. Children may have witnessed the abuse. They will have lived with it, they will hear, see and observe it and may even try to intervene.

CYPDAA supports children and young people aged between five and 15 years to recover from the trauma and impact of the domestic abuse they have experienced.

We aim to:

- Build self-esteem and confidence resilience, understanding of their behaviours
- Increase feelings of safety increase awareness and understanding of perpetrators and domestic abuse
- Knowledge of healthy relationships

We achieve this by:

- Developing individual support plans
- Undertaking 1:1 work with children and their parents
- Using a wide variety of resources, mediums and techniques, such as stories, puppets, play, arts and crafts, worksheets, DVDs, which enable children to express their feelings and emotions safely



How to refer:

Phone the Domestic Abuse line on

 **0800 6949 999**

 **youfirstsomerset@theyoutrust.org.uk**

and request the SIDAS referral form.

After a referral has been made:

Once a referral has been received a CYPDAA will contact the referrer to inform them the referral has been received and ensure they have all appropriate contact numbers for the service. They will contact the parent or young person (13 and over may be contacted directly) and arrange a first visit. During this visit the CYPDAA will complete an assessment, and together with the child or young person and their family, where appropriate, look at how the service can best support them to recover from their experiences of domestic abuse.

They will work alongside other professionals supporting the child or young person to make sure that all relevant information is shared, and all professionals have a clear plan on how they will be supporting the family.

The CYPDAA will also signpost and support the child or young person to access other services if required.