

Quaypoints September 2016

The Patient Newsletter for East Quay Medical Centre

FLU CLINICS 2016

Are you over 65?

Do you have diabetes, heart disease, COPD, Coeliac disease or immunity problems?

Are you pregnant or a child aged between 2 and 6 years old?

Or have you had a stroke? Or are you a carer?

If so you should have a flu vaccine

The 2016 Flu Clinics will be held on:

Tuesday 4th October-**Fully Booked**

Thursday 13th October-**Fully Booked**

Thursday 20th October-**Fully Booked**

Saturday 22nd October-**Adults only clinic**

Tuesday 25th October

Saturday 29th October-**Children only clinic**

(Children aged 2-4 years are eligible, those aged 5 to 7 years will have the vaccine in school)

Thursday 3rd November

Please telephone on 444666 or visit the surgery to make an appointment in the 'flu clinic. The clinics are by appointment only and are filling up very quickly this year so please book your appointment as soon as possible.

If you are over 65 and have never had a pneumonia vaccine you should have a pneumonia vaccination. Please tell reception when you book the appointment and the nurses can give you this during your 'flu appointment.

If you are aged 70,71, 72,73, 78 or 79 you are entitled to a shingles vaccine. Please tell reception when you book your flu vaccine and it will be done at the same appointment

Reception: 444666

Prescriptions: 446006

www.eastquaymedicalcentre.com

Onsite Opticians : 440440 Onsite Pharmacy: 423015 Onsite Dentist: 411141

Not sure what to do when your child is unwell?

Download the free
HANDi Paediatric app
and get expert advice,
support and guidance
for common childhood illnesses.



Flu Vaccinations

Please Note

Some pharmacies do offer flu vaccination – either at a cost or on the NHS. However, we work hard to ensure we provide flexible appointments so please do have yours done with us. We invest a lot of resource in running the clinics and writing to patients you are eligible and if our uptake reduces it threatens not only the flu vaccine service we provide but as the income we get for giving flu vaccines is used to provide other services in the practice, it affects these too.

Saturday 24th September

We are hosting a
Coffee morning at
the practice with
lots of hints, tips
etc for mums and
Pre-school
children

All welcome

10am to 12noon

Podiatry

There has been a considerable increase in domiciliary visits over the last year for podiatry. As our county is a large area these visits have reduced the number of podiatrists available to undertake clinics in hospitals and GP practices.

The domiciliary service will now only see those patients who are housebound **and** have active ulceration i.e. patients who are unable to leave their place of residence without the support of an ambulance or where based on clinical judgement, the patient's healthcare needs would be more effectively managed in their home environment.

We will not be de-listing you!

Recently, there was a news article in one of the national papers suggesting that patients will be removed from the GP list if they do not attend at least once in every five years.

We want to reassure everyone that this is not true.

We are worried that it will mean patients who haven't seen us in five years will want to book an appointment to avoid being de-registered. With waiting times as they are it is important that this doesn't happen as patients who do have medical needs will have to wait longer for appointments.

We will not be de-registering patients. So, please if you do not need an appointment, please do not book one because you are worried we will remove you from our list.

Did you know.....

It is quicker to use our **Self Check-in** than stand in the queue. If you would like some guidance on using the screen please ask in reception.